Enter our Photo Contest inside for a chance to win Pitt Gear!!

International Week: October 13-19
Midterm Elections
Pumpkin Carving
OPT Information
Pitt Counseling Wellness Workshop
OIS Symposium
Office of International Services (OIS)
708 William Pitt Union
ois.pitt.edu
Walk in hours:
Monday, Tuesday, and Thursday:
1-4 PM

Do you have ideas for the Global Perspective or know a student who deserves to be featured? Email us at ois@pitt.edu!

Cover: Cathedral of Learning

Pitt Service Project Days
OIS Symposium
OIS Symposium
Photo Contest
Wellness Workshops
OPT Information
Updated Immigration Specialists
Pumpkin Carving!
Midterm Elections
International Week
UCIS Anniversary
International Week of Firsts
Dates and Deadlines
Pitt Service Project Days

When: Friday October 19; 8:30-4:00 (Pitt Day of Caring)
Saturday, October 20th; 10:00– 2:00 PM (Pitt Make a Difference Day)

**Pitt Day of Caring:** On October 19th, join faculty and staff in completing service projects around Pittsburgh. Projects include painting, landscaping and food distribution around different neighborhoods. If interested, contact: cgrinfo@pitt.edu or 412-624-775

**RSVP:** pmadd.doc.pitt.edu or

**Pitt Make a Difference Day:** on October 20th, join students at Pitt in the largest service day. Over 4,000 Volunteers will be serving in over 50 neighborhoods.

If you are interested, head to: https://www.studentaffairs.pitt.edu/pittserves/communitypartners/pmadd-2018-registration/ to register
OIS Symposium

OIS will hold its annual Symposium on Monday, October 15th, 2018 from 8:30 AM—12:30 PM in the William Pitt Union.

If you are interested in attending, registration is available through this link: https://2018oissymposium.eventbrite.com. Please email OIS@pitt.edu with any questions!

Schedule of Events:

8:30-9:20 AM: Welcome & Continental Breakfast (Main Floor, Lower Lounge)

Please attend one session per time slot. All sessions will be held on the 5th floor of WPU

9:30-10:20 AM: Session I

- Campus and Community Resources for International Scholars
- Academic Visitor Agreements
- Visa Delays and Travel Issues
- Students in Crisis

10:25– 11:15 AM: Session II

- Hiring and Employment Options for International Students
- English Language Proficiency Requirements for J-1 Scholars
- Academic Advising for International Students
- Legal Permanent Residency
- Introduction to Chinese Language and Culture
Schedule of Events continued

11:20AM–12:10PM: Session III

- Are you prepared for your international employee/scholar?
- International Student Experience (student panel)
- Introduction to Chinese Language and Culture

12:15-12:30 PM: Closing Remarks, OIS announcements, Q&A (WPU fifth floor)

OIS Photo Contest

What is this a picture of?

For your chance to be entered into a raffle; look at this zoomed in picture of someplace around the Pitt campus.

If you think you know what/where this picture is from, email us at nmc66@pitt.edu. Even if you don’t know where the picture is, take a guess!
The University of Pittsburgh wants to be sure everyone is taking care of themselves this year. As the semester gets busier, and school becomes more stressful, it is necessary to put your health and well-being first. The University offers a number of workshops, as seen below. There is no need to pre-register and they run every week so stop by to get some tips to manage your health and well-being.

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<th>Express Your Stress: Art Workshop</th>
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No need to preregister, walk ins welcome! All workshops are held in the Wellness Center unless otherwise specified. Please check in at the front desk.
Optional Practical Training

For students who will be completing their degree requirements in December 2018, you should now start thinking about work authorization after graduation. Even if your I-20 does not expire in December, if you will be completing your degree requirements, regulations require OIS to shorten your I-20 to reflect degree completion. OPT applications take between 3-5 months to be processed by USCIS, so submit your applications early!

Immigration Specialist Portfolios

Starting this semester, there have been some changes in portfolios for the Student Team Immigration Specialist. Please see below to confirm who your Immigration Specialist is.

- **Kate Madeano**
  - SCI
  - SHRS
  - Pharmacy

- **Shannon O’Reilly**
  - ENGR
  - Dental
  - Nursing
  - Law
  - Social Work
  - GSPIA
  - Medicine

- **Richard Sherman**
  - DSAS
  - CGS
  - KATZ
  - Education
  - CBA
  - Exchange

- **Sara Jones**
  - GSPH
Pumpkin Carving: Step by Step Directions

Carving pumpkins is a great activity to do with your friends and family around Halloween time.

How do you do it?

You’ll need: a pumpkin, a sharp knife, a big spoon.

1. Create a “lid” to your pumpkin at an angle around the stem of the pumpkin.

2. Using your big spoon, scoop out all the seeds and “pulp” from the inside of the pumpkin and throw it away.

3. Take your knife and carve a face or design into the front of the pumpkin. You can draw on it first with marker to make sure you follow the design you want! Once you are done, put a candle inside and set it outside at night!
Midterm Elections

You may be hearing everyone talk about the importance of the upcoming elections. While they are not Presidential elections, many national and local elections will be taking place that are crucial. “Midterm” means in the middle of the presidential term (which is a total of four years.) This year, people seemed more engaged than they have in a while. Not only is the country pretty divided about their opinions on the President, but they are realizing how important voting in more local elections are. People will be voting for Senators and seats on House of Representatives, as well as local congressman and women, governors, mayors etc. Election season is always an exciting time!

If you are not a US citizen, you will not be able to vote but over the next month or so you will most likely hear many people talking about the elections, so it doesn’t hurt to stay up to date with the news!

Election Day is Tuesday, November 6th!
Pitt’s Annual International Week is here! Throughout the week there will be any different activities going on all around campus, that are free to attend! Below is just some of them but head to https://www.internationalweek.pitt.edu/schedule to check out the full schedule, times, locations and find out more information!

**Monday, October 15th**

Italian Instructor’s Film Favorites

**Tuesday, October 16th**

International Speed Friending

Brain Candy Podcast

**Wednesday, October 17th**

International Food Trucks

City of Asylum Exile Writers Residencies

**Thursday, October 18th**

Italian Instructor’s Film Favorites

Global Trivia Night

**Friday, October 19th**

Global Company Tour

International Talent Show
University Center for International Studies

50th Anniversary Celebration

In 1968, the University Center for International Studies (UCIS) was created as the University of Pittsburgh’s encompassing framework for all its multidisciplinary international programs. To commemorate our 50th anniversary, we will be holding a celebration open to both the University and larger Pittsburgh community. Please join us for an afternoon of international performances, sweet treats from around the globe, children’s activities, and more!

Save the Date!

Saturday, October 13, 2018 from 1:00 - 5:00 p.m.
Cathedral of Learning 1st Floor Commons
4200 Fifth Ave. Pittsburgh, PA

For more information, visit:
ucis.pitt.edu/50years
facebook.com/PittInternationalWeek
This Month: Featured Event

The 2018 Pittsburgh International Festival of Firsts, a project of the [Pittsburgh Cultural Trust](https://trustarts.org/pct_home/festivals/pittsburgh-international-festival-of-firsts-2018), presents more than 500 opportunities during eight weeks to experience groundbreaking international arts and entertainment in Downtown Pittsburgh. The Festival continues through November 11. Head Downtown for never-before-seen theater, dance, music, visual arts, and immersive experiences, dance, music, visual arts, and immersive experiences.

Head to: [https://trustarts.org/pct_home/festivals/pittsburgh-international-festival-of-firsts-2018](https://trustarts.org/pct_home/festivals/pittsburgh-international-festival-of-firsts-2018) for more information and tickets!

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Some Other October Activities:

**Cheap Seats Deals** ([www.pittarts.pitt.edu/cheapseats](http://www.pittarts.pitt.edu/cheapseats))

**Venture Outdoors Activities** ([www.ventureoutdoors.org/activities-calendar](http://www.ventureoutdoors.org/activities-calendar)) 20% discount for students!


**Duquesne Incline**—free rides with your Student ID

**Pittsburgh Sports Leagues** (must make an account) ([www.pump.org/?PSLHomepage](http://www.pump.org/?PSLHomepage))

**Halloween Activities** [https://www.funtober.com/halloween/pennsylvania/](https://www.funtober.com/halloween/pennsylvania/)
# Dates and Deadlines

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Every Friday</td>
<td>J-1 Scholar Orientation @ OIS, 10:30-Noon</td>
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<tr>
<td>Oct. 15, Monday</td>
<td>Fall Break for Students (no classes)</td>
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<tr>
<td>Oct. 16, Tuesday</td>
<td>Offices and buildings remain open</td>
</tr>
<tr>
<td>Oct. 26, Friday</td>
<td>Normally scheduled Monday classes will meet today, Tuesday classes will not meet</td>
</tr>
<tr>
<td>Oct. 29, Monday</td>
<td>Fall deadline for Monitored Withdrawal Forms to Dean’s Office</td>
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<tr>
<td>Nov. 9, Friday</td>
<td>Spring Term enrollment appointments begin</td>
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<tr>
<td>Nov. 21-25</td>
<td>Last day for Spring Term enrollment appointments</td>
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<tr>
<td>Nov. 22-23</td>
<td>Wednesday– Sunday, Thanksgiving Recess for all students (No Class)</td>
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<tr>
<td>Nov. 26, Monday</td>
<td>Thanksgiving Recess for faculty and staff</td>
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<tr>
<td>Nov. 26, Monday</td>
<td>Classes Resume</td>
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**Experience America Activities:**

- **Mondays 6:30—7:45PM**  
  $5 Yoga @ Irman Freeman Center for Imagination
- **Wednesdays 12:00-1:00PM**  
  Artful Wednesday’s at Nordy’s Place (Pitt Union)
- **Sundays 2:00-3:00PM**  
  Arts Celebration at Carnegie Library
- **Friday and Saturday Nights**  
  Kennywood Phantom Fright Nights through Halloween (https://www.kennywood.com/pfn)