**Pitt Make a Difference Day is October 18th!**

This year will be the 7th Pitt Makes a Difference Day (PMADD) where thousands of students go into different Pittsburgh neighborhoods and participate in community service. These projects can range from painting rooms in a community center to preparing food for homeless shelters to picking up garbage on the street. All of the communities served by PMADD are incredibly grateful to the time and energy given by our Pitt students. We will be meeting at the William Pitt Union at 9am to load the buses and go to our volunteer locations and you should be done by 3pm. Lunch will be provided. If you are interested in joining PMADD this year, please sign up by **October 3rd** on the **Student PMADD Registration website**.

You will meet many new students, have fun, see more of Pittsburgh, and make a difference: that sounds like a great day!

**Get connected to Pittsburgh through PittServes**

We want to ensure you are connected to the larger Pittsburgh community, and there is no better way to do this than by serving with a community organization! We have hundreds of community partners who are looking for Pitt students and staff members to participate in volunteer work for their organization.

**Start by participating in Pitt Make a Difference Day on October 18, from 9am – 3pm!**


Students who volunteer not only are more connected to an organization, but often times have the opportunity to gain real experience in their field of study or work to address an issue they are passionate about. Students who volunteer are 20% more likely to find employment upon graduation and report a higher level of satisfaction with their college experience. So if you are looking to plant flowers, read to children, walk dogs, take photographs, teach English, or build homes, there is a service experience out there for you!

We hope you will join us for an upcoming service opportunity in the near future! All service days are listed on [www.noblehour.com/pittserves](http://www.noblehour.com/pittserves). You are able to login with your Pitt ID and browse all opportunities. Noble Hour is open to everyone and serves as a resource for all members of the University community and all community based organizations.

PittServes is here to help support you in identifying service opportunities of interest. Please feel free to email serves@pitt.edu or stop in to the PittServes office, 923 WPU, to inquire about specific opportunities for volunteering.

We look forward to serving with you soon!
International Week is November 17-21, 2014!

International Week is an opportunity to celebrate the benefits of international education and exchange worldwide. This joint initiative of the U.S. Department of State and the U.S. Department of Education is part of our efforts to promote programs that prepare students at the University of Pittsburgh for a global environment and attract future leaders from abroad to study, learn, and exchange experiences in the United States. Learn more via www.internationalweek.pitt.edu or via social media below.

International Week at the University of Pittsburgh is sponsored by: Pitt Study Abroad, African Studies Program, Asian Studies Center, European Studies Center, European Union of Excellence, Global Studies Center, Center for Latin American Studies, Center for Russian and East European Studies, Consortium for Educational Resources on Islamic Studies, English Language Institute, Nationality Rooms Program, Office of Cross Cultural and Leadership Development, Office of International Services, and the International Week Committee.

Versatile PhD Program

Versatile PhD is a web-based resource that students can use anytime, from any computer, confidentially. Access is provided for Pitt students for free via the My Pitt Portal. Go to the “Versatile PhD” link near the bottom of the menu on the right. Click to Register.

Use Versatile PhD to learn about hiring success stories of other Master’s and PhD students who discuss topics in the humanities and STEM forums. Search jobs that use skills typically developed in Master’s and PhD programs. Review fascinating career autobiographies by experienced Versatile PhDs about their journeys into satisfying non-academic careers.

Also connect locally during monthly happy hours. Connect online for email updates: http://eepurl.com/MdOTn or via Facebook: https://www.facebook.com/groups/PGHVersatilePhD/.
Get Involved Pittsburgh: Buctober

If you have spent any amount of time living in Pittsburgh, you should be aware of the fact that Pittsburghers love their professional sports teams! This October is especially important to many sports fans because the Pittsburgh Pirates (also known as the Buccaneers or the Bucs), the city’s professional baseball team, have made the post-season playoffs. Only 10 out of the 30 teams make the playoffs. This is only the second time the Pirates have made it this far in more than twenty years!

As a “wild card team”, the Pirates will only continue in the post-season if they win their game against the San Francisco Giants on October 1st at 8:00pm here in Pittsburgh. If they defeat San Francisco, they will go on to play a five game series against the Washington Nationals. If San Francisco defeats the Pirates, the Pirates’ season will be over.

The World Series, which is the last round of the post-season, begins on October 21st and Pittsburghers are always hopeful that their team will make it that far, no matter what the odds. As the classic American baseball song goes, “Let me root, root, root, for the home team, if they don’t win it’s a shame. For it’s one, two, three strikes, you’re out, at the old ball game.”

Let’s go Pirates!
Halloween: Explanation and Activities!

Halloween is a holiday celebrated annually on October 31st. This holiday is also known as ‘All Hallows Eve’ and has developed over time from European harvest festivals, festivals of the dead, and feasts prior to All Saints Day (November 1). Today, Halloween is celebrated with costume parties, carving pumpkins, watching horror movies, visiting haunted houses, and trick-or-treating. If you are new to the U.S., you may see people walking around in random costumes, playing pranks, and lots of candy! Trick-or-treating consists of children walking around their neighborhood at a designated time, stopping at houses to pick out candy if the porch light is on. Your neighborhood might pass out fliers for trick-or-treating in your neighborhood, so if you are interested in participating, make sure to be equipped with candy and have your porch light on!

There are lots of ways to enjoy the Halloween festivities in Pittsburgh. Our suggestions:

**PITT STUDENTS:** Rocky Horror Picture Show, Tuesday, October 28th at 7pm in the WPU Assembly Room. This movie is a cult classic in the United States and is a very interactive movie going experience. We suggest you read about this movie online to see if this is something you would be interested in before you attend.

**CHINESE STUDENTS & SCHOLARS:** Pitt & CMU CSSA Halloween Party, Saturday, November 1st at 7:30 PM in WPU Assembly Room

**FAMILY FRIENDLY:** Owl-O-Ween, October 18 & 25, 11am—3pm at the National Aviary. Wear your costumes and enjoy candy, crafts, and creatures at the National Aviary. Events are included in the price of admission.

Stop by OIS on October 31st to see the OIS Staff in their Halloween costumes! We would love to see what costumes you are wearing too!

**PICTURES OF SOME OF THE OIS STAFF’S FAMILY MEMBERS ON PAST HALLOWEENS:**

Edward, son of Melissa Reinert (Immigration Specialist) a few weeks old for Halloween 2013
Willow, daughter of Kati Von Lehman (Compliance Coordinator) in 2013
Claire and Jack, children of Richard Sherman (pictured, Immigration Specialist)
AMERICAN TAILGATING PARTY A SUCCESS!

The Office of International Services hosted its first Experience America event of the fall on September 26th. The event introduced international graduate students, scholars, employees, and their dependents to American tailgating. Attendees learned how to throw a football, enjoyed traditional tailgating food, and had the opportunity to meet Roc Panther, the Pitt mascot.

JOIN US FOR THE NEXT EXPERIENCE AMERICA EVENT!

TRAX FARMS FALL FESTIVAL

Sunday, October 26, 2014
10:00 am - 4:00 pm

Join OIS for a fun day at a local farm!

OIS will provide FREE bus transportation to Trax Farms’ traditional Fall Festival.

The Fall Festival offers family hayrides, kids’ activities, corn mazes, a petting zoo and pumpkin picking!

Register at:
https://oistraxfarms.eventbrite.com
Alison Zappa-tite – Thai Hana

One of my new favorite places for lunch in Oakland is Thai Hana, featuring Thai and Japanese cuisine. I would recommend arriving before the noon rush to avoid waiting for a table. I love Thai Hana because the quality is good, the portions are a very decent size, and the prices are super reasonable. The Thai lunch specials range from $7.95 - $9.95 and have a nice variety. The Japanese lunch specials include Bento boxes and sushi combos. My fellow diner, Melissa, ordered a Bento box (pictured here) and looked amazing.

I opted for the sushi and went with the 2 Big Rolls special. I picked the Ocean Hair Roll (Shrimp tempura, masago, seaweed salad & asparagus) and Hurricane Roll (Tuna, salmon, avocado, scallion, cucumber & cream cheese). I appreciate that Thai Hana lists what is included in their rolls, but makes it all the more tough to make a decision! The rolls are great portions, so definitely have an appetite. I enjoyed the seaweed salad with the shrimp in the Ocean Hair roll. Normally I’m not a huge fan of cream cheese in sushi, but I thought the cream cheese complemented the salmon well in the Hurricane roll and added to the creaminess of the avocado. The ingredients are super fresh and the service is friendly. I’m looking forward to my next trip already to Thai Hana!

STUDENT COMPLIANCE QUIZ

Don’t forget to take the OIS Student Compliance Quiz in My OIS by October 15th! You should use this quiz to test your knowledge of the regulations for your immigration status and to review information you may not have seen since Orientation (which may have been a few years ago). PLUS! Anyone scoring above a 7 out of 10 on the Quiz is entered to win a Pitt Prize Pack with shirts, pint glasses, a leather resume portfolio, and other great gifts from across campus. If you haven’t done so already... Take the Quiz today!
Talk About It: Helping Students Get Help

Some conversations are difficult to start. “I need help” can be a scary thing to say. And “Do you need help?” is a question that many people are afraid to ask a friend. Pitt’s depression awareness campaign, “Give Depression a Voice: Talk About It,” is one way that Pitt is making its campus a safe, supportive place where conversations like this can happen more easily.

Getting involved with Talk About It is fun and easy.
- Attend our social or educational meetings the second Tuesday of each month.
- Be sure to participate in the Talk About It challenge during October and Pitt Cares Week this year, 10/20—10/25!

For more information, email Danielle Shojaie, dzs16@pitt.edu, follow us on Twitter @Pitt_TAI or like us on Facebook: www.facebook.com/PittTalkAboutIt.

This is just one of the great programs offered by the Counseling Center.

You can meet with a Counselor to talk about your adjustment to life at Pitt or practice difficult conversation (like with your roommate or parents). They also have confidential Group Counseling options including Coping with Depression, Controlling Procrastination, and Dissertation Support Group, among many.

Alcohol Awareness Week is October 17—24

Did you know that the legal drinking age of 21 in Pennsylvania applies to all individuals – including people from countries where the drinking age is different? The University of Pittsburgh’s Office of Health Education and Promotion is sponsoring activities and events throughout National College Alcohol Awareness Week (NCAAW) from October 17-25. Your fellow Panthers will be tabling in the Towers Lobby with a variety of interactive activities that explore alcohol myths, alcohol emergencies, safer party tips and more! We are also planning to have a “drunk goggle obstacle course” for students during the week. Stop by and learn about alcohol education services that Pitt offers, and for the chance to play games for free prizes! Or if you’re looking for something to do at night, you can stop by the Non-Alcoholic Mix-Off, sponsored by the Resident Student Association on Tuesday, October 14, from 8-10pm in the Quad. Keep an eye out for the Red Solo Cup on campus for additional opportunities to learn more and a chance to win a free t-shirt!
FutureLinks

Did you know that FutureLinks, Pitt’s comprehensive career management system for internship and job postings, includes even more reasons to log in? Not only can students find position listings for full-time, part-time, on-campus, and internship opportunities, FutureLinks is also the place to go to find the next employer information sessions, on-campus interviews, and career events. To make sure you are using FutureLinks effectively, log in today to update your profile and also upload a current resume for employers to view.

To visit FutureLinks, go to your My Pitt portal and click on the “FutureLinks” link on the right hand side. If you have trouble accessing your FutureLinks account, please call our office at 412-383-4473.

Upcoming Career Development & Placement Assistance (CDPA) Events for October: Visit our News & Events page for more information!

- October 6-10—Internship Week (various events and locations all week)
- October 8th—Majors & Minors Expo, WPU
- October 9th—International Internship Showcase, Ballroom
- October 21st—Coffee & Career: Networking Workshop, location TBA
  - Covering: how to network, LinkedIn (Pitt Career Network)
  - Job-shadowing/informational interviewing + an activity
  - Featuring student panel on who completed internship programs (global and domestic)
- October 28th—Coffee & Career: The Elevator Pitch, location TBA
  - Covering: Your 60 second commercial with self-introduction handout + Activity

There will also be a number of events from CDPA during International Education Week in November. For more information, please visit the CDPA website and look for the Global Career Series.
PITT ARTS Presents

ARTFUL WEDNESDAYS

Fall 2014

SEPTEMBER 17 - POOGIE BELL  Drummer Poogie Bell is an artistic gem, and he and the band play in a space where jazz finds a new cool groove.

SEPTEMBER 24 - NAMOLI BRENNET  This singer/songwriter is one of the most talented ever to grace the stage at Nordy's. Her guitar playing is brilliant and her songs are even better.

OCTOBER 1 - RACHEL WHITCOMB  This sultry country music and blues singer fronts her high energy band.

OCTOBER 8 - BRIAN HENKE  Playing his unique harp guitar and his acoustic guitar, too, Henke's ambient sounds are a very radiant antidote to a busy day.

OCTOBER 15 - CHERYLANN HAWK AND THE LIVE TO LOVE BAND  A fun and rhythmic bunch graced with jazzy, percussive and dynamic acoustic guitar skills and lyrics full of life.

OCTOBER 22 - TRINITENSE  The band features Calypso and Reggae sounds for your lunchtime trip to the Caribbean via music.

OCTOBER 29 - TRILLIUM  Do your need your dose of classical music? Look no further. This trio featuring piano, clarinet, and flute, will make your day that much more beautiful.

NOVEMBER 5 - NO BOUNDARIES  A stunning collaboration includes spoken word artist Yona Harvey, dancer Anthony Williams, and live music.

NOVEMBER 12 - MEETING OF IMPORTANT PEOPLE  Original indie band is a totally fresh trio of guitar, drums and bass--that has an upbeat sound, awesome videos and discography.

NOVEMBER 19 - FREYA STRING QUARTET  This string quartet pushes the boundaries of the classical new music genre with their latest project, Symbiotic Collusion.

FREE performances and lunch in Nordy's Place, William Pitt Union Lower Level, 12-1 PM
PITT ARTS 907 WPU  www.pittarts.pitt.edu  412.624.4498  pittarts@pitt.edu
OCTOBER CALENDAR OF EVENTS

2nd—Global Pittsburgh First Thursday, Roland’s Seafood Grill in the Strip District, 5:30—8 PM.

3rd—International Café: Mixing it Up: Adding Sentence Variety to your Writing, 317B O’Hara Student Center, 3:30—4:30

5th—Clean Air Dash 5K, Riverside Park, Heritage Trail, Registration 7 AM, Race starts at 8:30 AM

5th—Mahatma Gandhi Birthday Celebration, offered by the Asian Studies Center, in conjunction with many other organizations, Heinz Chapel, 2—5 PM. More information about this and other events on the UCIS Events Page.

13th – Fall break – no classes for students

14th—Map Day, an introduction to mapmakers and what they do, Carnegie Library of Pittsburgh, 12:15 PM

16th—Pitt Football Game vs. Virginia Tech, 7:30 PM (schedule)

17th—Salsa Lessons and Dancing, Cabaret at Theater Square, $5, 10:00 PM

20th—Self-Guided Old Allegheny County Jail Museum Tour, 11:30 AM—1 PM

24th—Networking Workshop for International Students, offered by CDPA, 224 WPU, 2—4 PM

24th—Sara Jones’ Birthday!

26th—Experience America: Trip to Trax Farms (transportation provided), Register here!

18th—Pitt Make a Difference Day: Give back to the city of Pittsburgh by volunteering! 9 AM—3 PM. Register here!

23rd—Haunted House Party, $10 (Undergrads) and $15 (Graduate Students); Sign up on 6th Floor, WPU

27th – Spring term enrollment begins

27th—Pick up and Drop Off only; Student Walk-ins Cancelled due to Office-wide training

31st—Halloween: Stop by OIS to see staff dressed in their Halloween Best!

31st—Trick or Treating around Pittsburgh, various times.